

Hampshire Orthopedics & Sports Medicine

Physical Therapy: Edward C. Palmer, P.T., M. Ed



Ted Palmer, a licensed physical therapist, is currently co-director of the physical therapy clinic at Hampshire Orthopedics and Sports Medicine, Inc. Ted is a graduate of the physical therapy program at the University of Pennsylvania. He later earned an M. Ed in Rehabilitation Counseling from Springfield College. Ted has been active in clinical proctoring of college and university physical therapy students. Ted also served as a teaching consultant in rehabilitation at Kansai Medical University Hospital in Osaka, Japan.

He has been in practice in the Pioneer Valley since 1973, as Director of Physical Therapy at Franklin Medical Center in Greenfield. Subsequently was co-owner of Challenge Physical Therapy in West Springfield and then a Director of the West Springfield office of Healthsouth Physical Therapy and Rehabilitation. As a member of the American Physical Therapy Association, Ted has served as Chairman of the Western District of the Massachusetts Chapter and as a member of the Massachusetts Board of Directors.

His special interests include the rehabilitation of sports injuries, functional spine restoration, musculoskeletal disorders, and the post operative rehabilitation of total joint replacement and shoulder surgery patients. Assisting patients in successfully returning to work post injury is also an area of special interest. In western Massachusetts, Ted is one of only two physical therapists who manage the restoration of spine function in patients who reside in the Pioneer Valley and who are referred from the Spine Care Program at New England Baptist Hospital in Boston