

Cooley Dickinson Medical Group Orthopedics & Sports Medicine

Physicians: Dr. Sherri Kuchinkas



Dr. Sherri Kuchinkas joined the group in 2009 and specializes in the non-surgical management of musculoskeletal and sports injuries. She is an expert in the diagnosis and treatment of muscle, soft tissue and peripheral nerve injuries as well as back, neck and joint conditions. Her focus is on optimizing non-operative, rehabilitative and preventative treatment.

Dr. Kuchinkas obtained her undergraduate degree in Exercise Science from the University of Massachusetts, Amherst and earned her medical degree at St. Louis University. She completed a residency in Physical Medicine and Rehabilitation at Rush University Medical in Chicago and completed a one year sports medicine fellowship at the University of Illinois. While there, she was a team physician for all collegiate sports and served on the medical staff for the WNBA Chicago Sky team.

A former All-American softball player for the University of Massachusetts, Dr. Kuchinkas works closely with the area colleges and high school athletic teams. She is currently the Medical Director for the Athletic Training Program at Springfield College where she serves as a lecturer and clinical instructor.

Dr. Kuchinkas is board certified and a Diplomate of the American Academy of Physical Medicine and Rehabilitation. She is certified by the American Board of Medical Specialties in Sports Medicine and is currently one of only 230 physiatrists in the country and 8 in the state of Massachusetts who holds this certification.

Dr. Kuchinkas' goal is to restore maximal function to every patient. She does this by combining a thorough evaluation, appropriate clinical diagnosis and application of diagnosis-specific rehabilitation treatments for musculoskeletal conditions. She is trained and skilled in diagnostic and therapeutic procedures including electrodiagnostics (EMG), and also performs trigger point injections, various peripheral joint injections and tendon/sheath ligament injections in the office. She also treats chronic soft tissue, tendon, joint and ligament injuries with reparative injections including prolotherapy and platelet rich plasma.

Dr. Kuchinkas is active in several professional organizations, including the American Academy of Physical Medicine and Rehabilitation, American Association of Neuromuscular and Electrodiagnostic Medicine, North American Spine Society, and the American College of Sports Medicine. She sees patients in the Northampton and Belchertown offices.