



Hampshire Orthopedics and Sports Medicine , Inc.

You have been scheduled for an electrodiagnostic test.

This test is to assist your physician in the diagnosis and management of your current problem. It will be conducted in a manner that is respectful and courteous. This will be performed to aid you in your medical care planning.

No other studies or medical examinations will be performed on the day of the test.

Please bring any MRI, computer tomography scans or x-rays to your follow up appointment, not to the EMG test appointment.

Please be advised, there are some guidelines you should follow in order to make the test as beneficial and enjoyable as possible.

- 1. Please do not wear/apply lotion of any sort on the day of the testing.**
- 2. Please thoroughly wash your body the morning of the procedure. Please scrub your hands and feet well. Try to remove all calluses. Please use a pumice scrub of some sort on the day of the testing.**
- 3. Please try to limit the amount of jewelry worn on the hands/ or ankles on the day of the testing.**
- 4. Come prepared to expose either your arms/neck or legs/lower back.**
- 5. Please be on time for the testing. Every effort by the doctors, is made to assure you are seen on time. Each and every patient deserves the attention specific for your complaints and the timing of the your test/your appointment is already built into your appointment.**

Thank you for your assistance in making this test as enjoyable as possible.

**Sincerely,
Maurice Bernaiche D.O.
Sherry Kuchinskas M.D.**

Hampshire Orthopedics & Sports Medicine Inc.

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