

Dan Skowara P.T.

Co-Director of physical therapy at Hampshire Orthopedics and Sports Medicine, Inc., Dan received his degree in physical therapy from Boston University. Dan is a licensed physical therapist who has practiced primarily in out-patient settings in Pioneer Valley since 1975.

Dan started his career at Holyoke Hospital advancing to Assistant Director. Thereafter he was a Partner in Pioneer Valley Physical Therapy Associates in South Hadley, Principal of Challenge Physical Therapy in West Springfield and then Administrator and Co-Director of Healthsouth Physical Therapy and Rehabilitation in West Springfield. He has been a nursing home and home care consultant, physical therapy student clinical supervisor and guest lecturer in Springfield College's Physical Therapy Program.

As a member of the American Physical therapy Association, Dan was a co-founder and past treasurer of the Massachusetts Chapter Private Practice Section and served on the Program Committee of the Western District of the Massachusetts Chapter. Dan has previously served on the Professional Advisory Boards of Medical West Community Health Plan Home Health and TAC/Home Care PRN Home Health. He is a past Board of Director member of the Network of Independent Physical Therapists, Inc.

Dan's personal interests include volunteer work with the West Springfield Boys and Girls Club, WS Lions club (past president), and coaching soccer. He enjoys playing tennis, and traveling with his family. He has attended numerous continuing education courses in his areas of special interest including orthopedics, manual therapy, work related injuries, spine and TMJ dysfunction.

In western Massachusetts, Dan and co-director, Ted Palmer, are the only two physical therapists who manage the restoration of spine function in patients who reside in the Pioneer Valley and who are referred from the Spine Care Program at New England Baptist Hospital in Boston.